



## Moving Yourself Ahead

### Program Overview

Your personality defines YOU!

One's character, behavior and attitude makes up one's Personality. This 'Personality is what is considered to be one's "brand image". It is the sum total of all physical, mental and emotional attitudes, values, interests and motivational factors. It is the core potential that determines ones success in life and career. Our personality displays our own pattern of thoughts, feelings and behavior. The overall development of personality is an essential pre-requisite for both personal and professional and a must-have in today's scenario.

Success in business and personal life is determined by one's ability to project oneself effectively with others. By learning and following simple techniques, one can dramatically improve one's interactions. "Social intelligence," or the ability to converse, interact, negotiate with, get along with and persuade others, is the most highly paid and respected form of skill one can have, and the good news is that...this skill can be developed!

TCG's Personality Development Program is an Intensive Development Program devised to impart the required soft skills to the participants. The training program will build your confidence and develop a positive attitude. Participants will experience a drastic transformation in terms of personality, communication skills, confidence level and the way of looking at life. It is a first a new step towards personal success!

## Training Objectives

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- Provide you with the right mindset required to reach professional success
- Help you chalk up an individual development plan to overcome the barrier
- Help you understand the components that contribute to your success as an Individual
- To understand individual preferences, styles and temperament types
- To recognize your own unique blend of strengths and qualities, and to appreciate others' differences
- To use your knowledge of self and others to improve interpersonal relations

## Who Should Attend

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This programme is open to all individuals, at all working levels, who wish to enhance their personal effectiveness, sharpen their teambuilding, interpersonal, communication abilities and build a success brand identity/unique identity for themselves.

## You Will Learn How To

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After completing this workshop, participants will have the skills and knowledge to:

- To develop practical strategies to promote personal visibility
- Learn to focus on and achieve personal goals
- Develop inner power and strength
- Easy Confrontation of Problems & Getting groomed to corporate etiquette
- Enhancing creative spirits
- Respect from Society

## Training Aids

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Included with this workshop is a comprehensive participant manual designed for easy reference including worksheets, matrices, checklists, and process flows; other aids used to make the workshop effective are PowerPoint Presentations, Role Plays, Games, Group Activities, and Case Studies.

## Training Hours

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The duration of the training program will be for 2 days/16 hours.